



Participant HANDBOOK

Remember: the pages inside this booklet might be fun, but the rules are serious.

Let's talk: ENTRY WAY





prohibited items can't be hidden from the wand search



weapons will be locked away and you can take them back when you leave



trying to bring illegal weapons into the shelter will result in a call to the RCMP – our food is better so don't risk a night in a cell



sometimes we forget what's on us - staff will remind you what to hand in

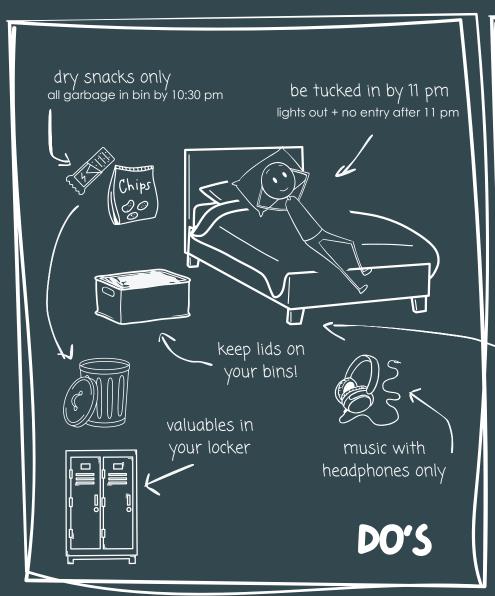


we might not have room to store all your stuff - sorry



the entry way is small - wait) patiently or we might not let you in

Let's talk: BEDSPACE





Let's talk: HOUSEKEEPING

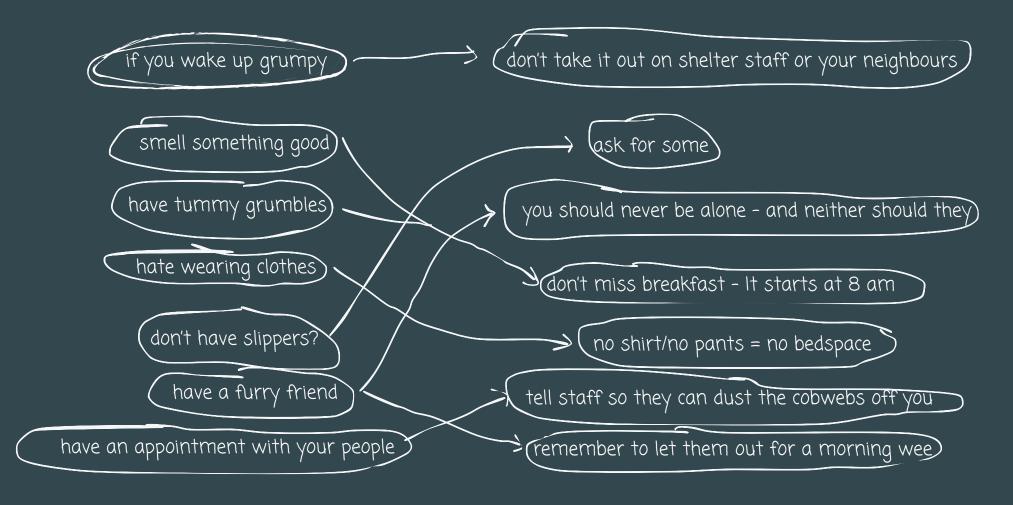


REMEMBER!

- if you make a mess clean it up
- if you need cleaning supplies ask for it
- if you don't know how to scrub a toilet - someone can teach you
- keep your bedspace clean

IF THIS...

...THEN THAT



Let's talk: MORNINGS

Let's talk:

WASHROOMS + HYGIENE

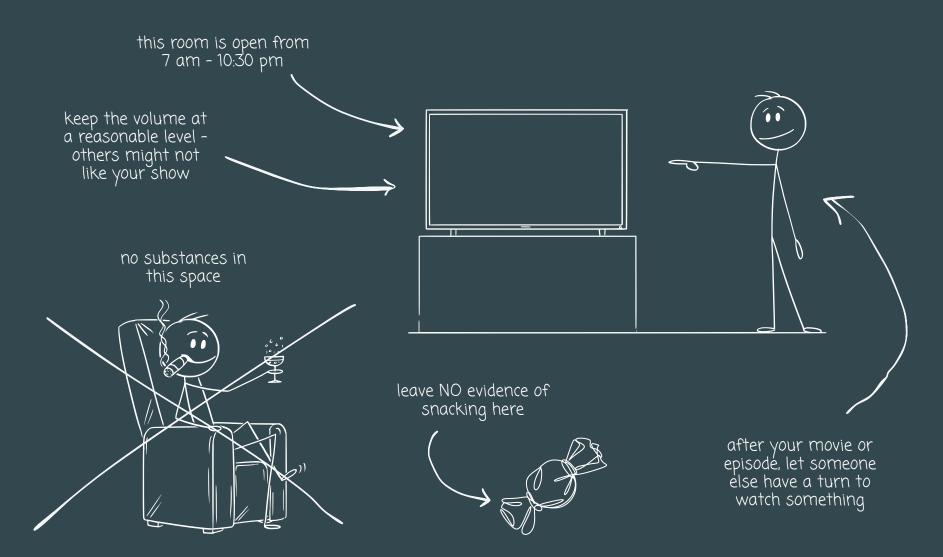


Let's talk: DINING SPACE

8-9 AM **BREAKFAST** 12-1 PM LUNCH 5-6:30 PM DINNER



Let's talk: TV ROOM



Let's talk: QUIET SPACE

this room is open from 7 am - 10:30 pm









Let's talk: BACKYARD

DAYTIME - 7 am to 7 pm maximum six people NIGHT - 7 pm to 7 am maximum three people

DO'S

DONT'S



Let's talk: BEING A GOOD NEIGHBOUR







Let's talk: PETS



Let's talk: LEAVING THE SHELTER



If you're not being nice to your neighbours or staff, you will be "invited" to leave. If you don't cooperate, our RCMP friends will "invite" you to leave too.

Remember all the stuff you packed here - be prepared to take it all when you go.

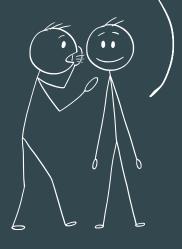
When in doubt, staff will throw it out!

Check under your bed, in your side table, your locker, and the front office for anything you may have brought with you.

second chances are possible - a simple "sorry" goes a long way maybe we will see you again - ask staff how long to wait until coming back it's nice to say "good morning" to the people you pass on the sidewalk!



save your chit chats for the shelter yard or dining room – don't loiter in the parking lot





Let's talk:

PARKING LOT + NEIGHBOURHOOD



keep the neighbourhood clean - pick up trash even if it's not yours

your track + field days are OVER - stay out of the Mount Baker yard



FOR BEING A GOOD NEIGHBOUR

we want you to be able to stay until you can step beyond shelter