



Community Connections
Community Connections Society of Southeast BC

Cook's Assistant Job Posting
"Linking People, Communities and Services"

March 12, 2025

Position Title: Cook's Assistant

Hours: 6 -20 hours per week

Starting Date: April 1st

Rate of Pay: \$18/Hour

This position with CCS will support the Community Meal Program which works with Cranbrook Food Recovery to decrease food waste and increase food security in our community. Working with our chef you will support all programs including community meals, seniors' lunches, school hot lunch program and community workshops. This may include all aspects of the kitchen duties including: prepping recovered ingredients to create frozen ready-to-eat community meals, order inventory, labeling, delivery and cleaning. This is a unique position that combines traditional commercial cooking with creativity and social purpose.

The successful candidate will:

- Build healthy, nutritious, and delicious menus based on inventory of recovered and ordered food
- Prepare, package, and label meals
- Work with volunteers to support meal production and reduce food waste
- Ensure food-safe handling procedures and practices are followed

Occasionally:

- Assist with social media
- Assist with various other food-related tasks

Qualifications:

- Knowledge of food handling, food production and safe food handling.
- Experience preparing tasty food.
- Experience in a commercial kitchen
- Creativity in the kitchen; comfort cooking without a recipe.
- Reliable, friendly, and works well with others.
- Problem-solving, critical thinking, and decision-making skills.
- Good oral communication skills.
- Able to lift loads of 40lbs.
- An interest in food recovery and security is an asset



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- Experience in the non-profit and/or social enterprise sector an asset.

Additional Requirements

- Food Safe level 1.
- Willing to submit a Criminal Record Check.

Please note: Community Connections Society is an equal opportunity employer. Only applicants that are short listed for an interview will be contacted.

Deadline for Applications: posted until the position is filled

Submit to: Community Connections Society

Attention: Tesha Nee, Operations Manager

officemanager@ccssebc.com